



Nutrition Facts

Serving Size 1 Package (34g)

Amount Per Serving		% Daily Value*	
Calories	190	Fat Cal.	140
Total Fat	15g		23%
Saturated Fat	2g		10%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	65mg		3%
Total Carbohydrate	11g		4%
Dietary Fiber	3g		12%
Sugars	5g		
Protein	6g		7%
Vitamin A 0% • Vitamin C 0%			
Calcium 2% • Iron 8%			
Vitamin E 50% • Folate 20%			

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum.
BEST BY:
 21OCT17
 M04C



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